

Testimonials

Department of Behavioural Sciences S3H, NUST



“My academic and personal development has been significantly influenced by my attendance at the National University of Sciences and Technology (NUST). The Department of Behavioural Sciences (DBS), in particular, has been a great source of support, offering courses instructed by highly specialized faculty members. During my four-year tenure at NUST, I have had access to various opportunities that have bolstered my confidence and honed my skills. Additionally, I have forged long-lasting friendships and created cherished memories. My studies at NUST have provided me with a solid foundation to pursue my academic ambitions, and I am currently leveraging the knowledge and skills gained there to excel in my MSc program in the UK.”

Laiba Tamsil

Alumni, BS Psychology 2K18



“The Department of Behavioral Sciences (DBS) at NUST embodies the adage that growth occurs outside of one's comfort zone. It is not a typical program but rather a challenging and transformative space that stretches your limits and capabilities. Pursuing an MS in Clinical Psychology at DBS is a journey of self-evolution that enhances not only your professional growth but also your personal development. The program equips you with the tools to navigate not only the external world but also the ever-changing internal world. DBS offers a diverse range of opportunities for holistic and integrated training in Clinical Psychology through a curriculum that incorporates evidence-based knowledge, culturally sensitive and ethical teaching approaches, and skills-based training. In my opinion, the program excels in bridging the gap between the art and science of therapeutic training, unlike any other program in Pakistan. DBS facilitates the development of critical, analytical, practical, and reflective skills that distinguish you in the professional field. I invite you to embark on an extraordinary journey of growth and transformation at DBS.”

Tuba Rahna

MS Clinical Psychology
Alumna and Gold Medalist Batch-2k17
Practicing Clinical Psychologist
Visiting Faculty (DBS – NUST)



“I remember joining NUST with a strong desire to start my own business, but I had no idea how to get started. However, NUST, as an institution, has played a pivotal role in equipping me with the necessary skills to embark on my entrepreneurial journey. The teachers at the Department of Behavioral Sciences were more than just instructors; they were mentors who guided me along the way. They have encouraged me to think critically, solve problems creatively, and persevere through challenges. The department's emphasis on practical learning and real-world application has given me the confidence and competence to navigate the complexities of entrepreneurship. Through hands-on learning, I was able to develop important skills such as building community networks, working effectively in teams, establishing connections with potential employers, conducting market research, and delivering appropriate products or services related career guidance. I am proud to be an alumnus of such a prestigious institution.”

Ahmer Khan, CEO

Coaching & Training Pakistan Foundation (CTPF)

Alumni, MS CC&E, Batch 2K14



“My experience at the Department of Behavioral Sciences, where I am pursuing a Ph.D., has been transformative. This exceptional institution has provided me with the opportunity to explore the boundaries of knowledge, the confidence to approach challenges from unique perspectives, the environment to flourish, and the ability to evaluate ideas critically. These attributes are like precious gems for doctoral candidates who seek to create their own narratives. I am proud to say that my journey has begun at DBS, where I had the privilege to develop a Mindfulness-based intervention to enhance students' well-being.”

Anum Sarfraz

Ph.D. Psychology Scholar



"As a PhD scholar, I will describe my journey as challenging yet rewarding. This learning experience has been filled with many highs and lows, but the opportunities for growth and discovery have made it all worth it. Being a PhD student, I have been challenged to think critically, independently, and creatively while developing a deep appreciation for the pursuit of knowledge. It has been a transformative experience that has pushed me to grow both personally and professionally and taught me the value of persistence and dedication. Though the road ahead is still uncertain, I am excited to see where it takes me next and look forward to contributing meaningfully to my field."

Anam Rafiq
Ph.D. Psychology Scholar